

TO MARKET

Food markets around London



Woodgrange Market Place

Woodgrange Market was set up three years ago as a not for profit organisation by local residents working with the council. The primary aims are selling good-quality produce to help revitalise the high street, provide employment locally and create a community hub in Forest Gate. It started as a monthly market but very soon became weekly.

In order to encourage local people to run stalls, the market keeps its pitch fees low and has policy of insuring new traders for three weeks while they are getting established. In 2014, it was one of the 32 enterprises selected to receive business advice from the Plunkett Foundation thanks to the Mayor of London's Urban Food Routes initiative. The market has also received council and charity grants to help with advertising and purchasing gazebos, and now ploughs surplus generated by pitch fees back into the market.

Local shop keepers are also supportive as the market draws shoppers to the area, and some even have stalls. Two or the original stallholders have even gone on

to open permanent shops on the road, maintaining ongoing connections to the market and employment for local people. Coffee 7 buys all of their eggs from Orchard Eggs, a biodynamic farm in East Sussex, which has had a stall at the market from the beginning. Meanwhile, alongside many gifts, secondhand china and furniture – all from local suppliers - Number 8 the Emporium also stocks local honey..

* Featured stallholder

Omar Bynon, Asha Bread Stall

Omar runs the stall set up by his mum, amateur baker Radhika Bynon, who was one of the market's founder members. She wanted to have a stall that would bring people into the market, provide employment for local young people and raise money for charity. The stall always has a good selection of *pane integrale*, *pagnota*, sourdough, rosemary wholemeal, *focaccia*, *challah*, some of which is baked by Radhika and the rest by Exeter Street Bakery.

Sebert Road, E7
Saturdays 9.30am – 4 pm
lwoodgrange.org.uk/market.php
[@woodgrangemk](https://twitter.com/woodgrangemk)

All of the profit goes to Asha Trust, which Radhika set up in 2005 to support community projects working on the outskirts of Colombo in Sri Lanka, where many people earn less than \$1 a day and face multiple challenges. Five of Asha's trustees live in Forest Gate and more than 40 people from the area have volunteered with the trust on projects in Sri Lanka over the last 10 years. The bread stall specifically supports regular activities for children with disabilities, many of whom don't go to school. Our team run learning sessions for the children and support the families. In 2014, the bread stall raised £900 for the trust and this year's target is £1200, sums that go a long way in Sri Lanka.

[@ashatrust](https://twitter.com/ashatrust)

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Photo by Andrew Howard